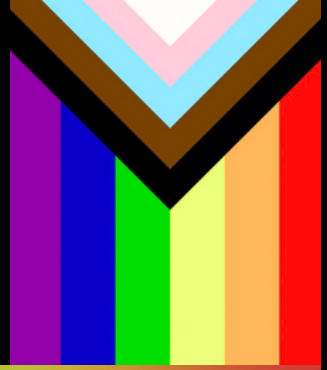




LGBTQ+ ED

CFH'S LGBTQ+ PROGRAM MONTHLY NEWSLETTER



Community Partner Events



Yes I Am, Movie Screening
Friday, December 1st @ 5:30 PM
DCVC Community Center,
2471 Portola Rd., Suite 100
[Click here for more details](#)



World AIDS Day 2023

- ### Educational Links
- [Debunking Common Myths About HIV](#)
 - [Keep Your AirPods In, Fabricate an Alternate Identity: A Queer Holiday Survival Guide](#)
 - [Youth at Disproportionate Risk](#)

Holiday Survival Guide

For a lot of folks, the holidays may be difficult. Remember that you're not alone if you're feeling lonely or alone around the holidays. Here are some pointers on surviving this period and where to look for help.



1. Connect with other LGBTQ+ folks
2. Create your own holiday traditions
3. Reach out to loved ones
4. Connect with a mental health professional



Remember, it's important to prioritize your mental health and it's okay to spend the holidays in ways that feel nourishing and affirming to you.

Gentle Holidays!

- ### News Links
- ['A painful loss for our community': Mexico's queer population demands answers in magistrate death](#)
 - [Vatican says transgender people can be baptized](#)
 - [LGBTQ+ rights group sues over Iowa law banning school library books, gender identity issues](#)

LGBTQ+ Mobile Advocate

Assists LGBTQ+ people affected by bullying, stalking, hate crimes, discrimination, sexual assault, and intimate partner violence with crisis counseling, accompaniment when filing police reports, connections to resources, support filling out victim of crime forms, outreach, and collaborative projects.



To make referrals or ask questions, please contact:
Anthony Ontiveros a.ontiveros@thecoalition.org

SCAN HERE



At The Intersections

LGBTQ+ Parents

Among the more than **11 million LGBTQ+ adults** in the United States, approximately **29%** report that they are currently rearing children **younger than 18 years of age.**
-National Council on Family Relations



Source: National Council on Family Relations

LGBTQ+ Parents and Their Children

This article from the National Council on Family Relations finds that LGBTQ+ parent families and their children are diverse and as well-adjusted as parents and children in the general population. However, these parents could fare better when they have adequate resources and live in supportive environments. To learn more about the vulnerabilities LGBTQ+ parents experience, click on the link.

Parenting While Queer: 2SLGBTQ+ Parents & Allies Take Action

The Seattle Channel, in collaboration with the Discovery Center, presents a panel discussion with parents from across the LGBTQ+ community to explore how family definitions are evolving. They delve into the unique family challenges for LGBTQ+ caregivers and children, visibility for transgender parents, and critical conversations about identity. Click on the video to listen more.



Source: Seattle Channel



Source: Seattle Channel

Children with Trans Parents: Parent-Child Relationship Quality and Psychological Well-being

This exploratory study, published by the National Library of Medicine, aims to provide a quantitative assessment of parent-child relationship quality and child adjustment in families with trans parents, an understudied family type. The study consists of 35 families and includes a range of interviews and assessments. To learn the outcome of this study, click on the link.