

# LGBTQ+ ED

CFH'S LGBTQ+ PROGRAM WEEKLY NEWSLETTER



WEEK OF MARCH 14-20, 2021

## word of the week

**Butch:** A gender expression that fits societal definitions of masculinity. Usually used by queer women and trans people, particularly by lesbians. Some consider "butch" to be its own gender identity. LGBTQ+ communities across the world may have their own version of the term that is unique to their own social context (such as location and race).

Source: Adapted from UCSB's Resource Center for Sexual and Gender Diversity (RCSGD)

## statistic of the week

1 in 6 Generation Z adults identify as something other than heterosexual

GALLUP, 2020



## clickable educational articles

[Misgendering a Client in Therapy](#)

## this week in LGBTQ+ history

March 14, 1971 - An estimated 2,000 people march on the New York state capitol in protest of anti-gay and anti-lesbian laws and policies.

## clickable news links

- [The Biden Administration Inches Closer to Allowing "X" Gender Markers on Federal Documents](#)
- [Amazon Won't Sell Books Calling LGBTQ+ Identity a Mental Illness](#)
- [Different fight, 'same goal': How the Black freedom movement inspired early gay activists](#)
- [Halsey Thanks Fans For Support After Announcing Pronouns Are "She/They"](#)
- [Butch4Butch: How Loving Another Butch Helped Me Learn to Love Myself](#)

Sources: them., The Advocate, NBC

## TALKING ABOUT GENDER TRANSITION

SCHUYLER BAILAR @PINKMANTARAY

Incorrect—	Correct—
✗ He was born a <u>girl</u>	✓ He was <u>assigned female at birth</u>
✗ When he <u>was a girl</u>	✓ When he <u>presented as female</u>
✗ When he <u>was a female</u> athlete	✓ When he <u>competed as female</u>
✗ He <u>changed genders</u>	✓ He <u>transitioned</u>
✗ Before he <u>became a boy</u>	✓ Before he <u>transitioned</u>
✗ He <u>turned into a boy</u>	✓ He <u>transitioned</u>

WHY? The statements on the left imply that I was once a girl—which I was not. Although I haven't always had the words, resources, or courage to explain myself, I have always been me: a man. Even when I "looked like a girl," I was still me, a boy. That is, transition is not about changing genders; it is about shifting presentation to match the already existing identity. I did not change who I am. I did not change my gender. I just gained the vocabulary, freedom & confidence to express myself authentically.



[pinkmantaray.com/terminology](http://pinkmantaray.com/terminology)

"I AM A STRONG, BLACK, LESBIAN WOMAN. EVERY SINGLE TIME I SAY IT, I FEEL SO MUCH BETTER."  
— BRITTNEY GRINER