

LGBTQ+ED

CFH'S LGBTQ+ PROGRAM WEEKLY NEWSLETTER



WEEK OF MAY 9-15, 2021

word of the week

Gender dysphoria | Discomfort, distress, or unease experienced by trans people that may be associated with gender, bodies, or how others perceive gender.

Some trans people feel dysphoria as overwhelming or all-encompassing, while others don't have any dysphoria at all. Many find this changes over the course of life or throughout gender affirmation.

Source: Adapted from [TransHub](#)



LGBTQ teens are **six** times more likely to experience symptoms of **depression** than their heterosexual counterparts.



clickable educational articles

[LGBTQ Mental Health: What Every Clinician Needs to Know](#)

this week in LGBTQ+ history

May 13, 2013: Sex-sex marriage is legalized in Minnesota becoming the twelfth state to do so.



clickable news links

- [Biden administration announces reversal of Trump-era limits on protections for transgender people in health care](#)
- [Utah Court Rules Trans People Have Legal Right to Correct Birth Certificates](#)
- [Vermont Just Became the 13th State to Ban the Anti-LGBTQ+ "Panic" Defense](#)
- [Del Martin and Phyllis Lyon's Home Is First Lesbian Landmark in the West](#)

Sources: them., The Advocate, NBC

QUEER
LOVE
IN
COLOR

JAMAL JORDAN



MAY IS MENTAL HEALTH AWARENESS MONTH