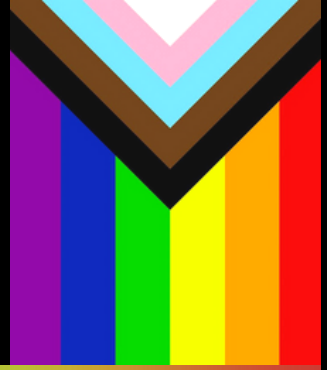




LGBTQ+ ED

CFH'S LGBTQ+ PROGRAM MONTHLY NEWSLETTER

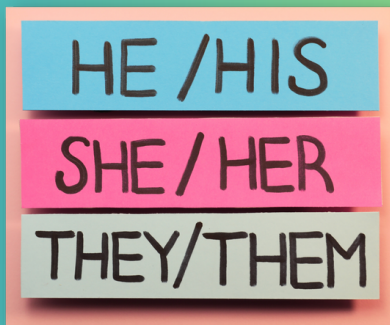


Other LGBTQ+ Holidays this October

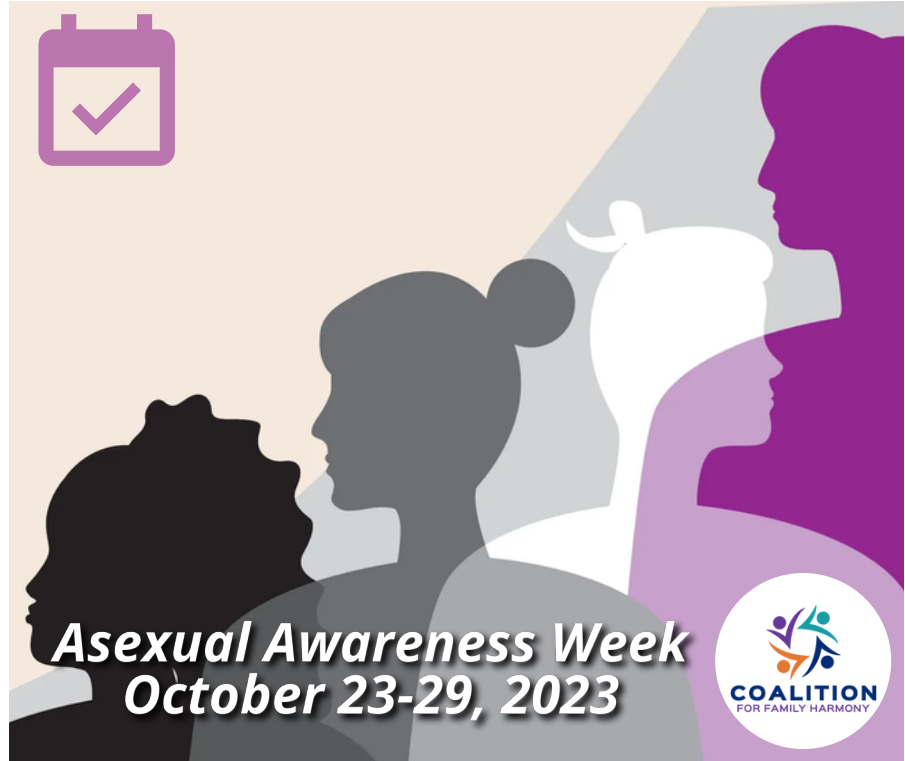
National Coming Out Day
October 11th, 2023



International Pronouns Day
October 18th, 2023



Intersex Awareness Day
October 26th, 2023



Asexual Awareness Week
October 23-29, 2023

Educational Links

- [5 key findings about LGBTQ+ Americans](#)
- [Understanding Bisexuality](#)
- [HIV Pre-exposure Prophylaxis \(PrEP\) Care System](#)

News Links

- [A new start after 60: I spent 40 years hiding that I was gay. Then my husband's dementia wiped away my fear](#)
- [Governor Newsom Signs Legislation Supporting LGBTQ+ Californians](#)
- [DeSantis calls NAACP's warning about Florida to minorities and LGBTQ people a "stunt"](#)



At The Intersections

Asexual Communities

Asexuality, also referred to as “ace,” is an umbrella term for anyone who does not experience sexual attraction to other people. There’s a lot of diversity in asexual communities. Asexuality can vary depending on our relationships and how we define our levels of sexual attraction, romantic attraction, and aesthetic attraction. (Cleveland Clinic, 2022)



Source: Tinder

5 Asexual People Explain What "Asexual" Means To Them

In this video from Tinder, five asexual people are interviewed and explain what “asexuality” means to them. For some people, physical and sexual attraction may play a key factor in choosing a partner. This is not the case for asexual people. The five interviewees discuss the challenges they encounter and what makes them proud to be part of the ace community. Click on the video to learn more.

Asexuality isn't celibacy or abstinence. Here's what it is — and isn't

This article from CNN provides an overview of asexuality and addresses the many misconceptions people have about the ace community. Many people remain unfamiliar with asexuality as one of many sexual orientations, which can be hurtful or invalidating. To learn more about the diversity of asexual communities, click the link above.



Source: CNN



Source: Slate

Finding Asexuality in the Archives

Some consider asexuality a recent invention of the internet, but according to queer history, asexual people have existed for a very long time. In this article by Slate, they take a closer look at the history of ace people and how they have been a part of queer activism for more than a century, maybe even farther back. To learn more, please click the link above.